



Addison Elementary School

650 Addison Avenue

Palo Alto, CA 94301

Addison eAdvisor

Sept 9, 2018

Calendar: Upcoming Addison Events

- Wed, Sept 12 **Birthday Book Club**, Library, 1:15pm
 - Fri, Sept 14 **Principal's Coffee**, Library, 8:30am
 - Wed, Sept 19 **Site Council Meeting**, Library, 3:00pm
 - Wed, Sept 19 **Neighborhood Construction Update**, Library, 5:30-6:30pm
- [Addison Google Calendar](#)

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NEW! PTA President's Message



Hi Addison Families,

I hope you all are doing well and off to a fabulous start to this school year!

This week we will kick off our **Birthday Book Club** in the library on Wednesday, September 12th and our first **Principal's**

Coffee on Friday, September 14th. At the Principal's Coffee you will have a chance to hear from our visionary leader, Amanda Boyce, about all the things that are going on at school, as well as ask any questions that you may have. This week is also the second **"Taco Monday"** for Addison. If you need a good excuse to eat out, head to Tacolicious and enjoy their great food! [Tacolicious](#) is donating 7.5% of all proceeds on Mondays in September to Addison.

Thank you to everyone who has filled out their [One Payment Form](#) and a friendly reminder to those who haven't, please do so whenever it's convenient for you and your family. I also want to let everyone know that Addison Elementary has a special promotion with **Stanford University football** for the upcoming game on Saturday, Sept 15th, and you can buy one adult ticket for \$20 for the football game and get four free youth tickets.

The **Renners family** will be having a tailgate starting at 9am with coffee and other brunch type snacks. Please let me know if you are coming to the game, and we would love to see you at the tailgate. The location of the tailgate party varies but I will let you know as soon as we know.

Finally, one of my favorite sayings in life is that "the quality of our lives is in direct proportion to the quality of the people with whom we surround ourselves on a daily basis".

Want to Publish an Article?

Want to publish an article or event in the Addison newsletter? Send articles to the [Addison eAdvisor](#) by **4pm on Tuesday** for publication on Sunday.

Editor of the Week:
Aleksandra Dudukovic

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Quick Links

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[Addison School Website](#)

[Addison PTA Website](#)

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[Lunch Menus](#)

Principal:
[Amanda Boyce](#)

PTA President:
[JC Renners](#)



Our family feels truly grateful and fortunate to be surrounded by all of you. See you around campus!

Warmest regards,
[JC Renners](#)

NEW! Addison Auction - Welcome to the Jungle!



October may seem like a long way off - but in the blink of an eye the Addison Community will be navigating our way through the treacherous jungle of Palo Alto for the event of the year - **THE ADDISON AUCTION!**

This year's event is taking place on Saturday, October 20th. More information is available on the [Auction page](#) of the PTA website and **tickets** can be purchased [here](#).

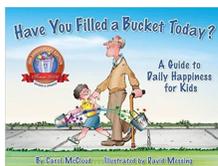
The Addison Auction Team also needs your help funding our jungle exploration with **donations**. Suggested items include *gift cards, event/sporting tickets, unique experiences, stays at vacation homes, special wines & spirits, or add your own personal touch and create a gift basket*. And if you are interested in hosting a party - we'll take you on the next jungle cruise with us! **Donations** can be made through the [Auction Donation Form](#) or contact the committee at addisonauction@gmail.com.

NEW! Eat at Tacolicious in September and Help the PTA Raise Money for Addison



Everybody wins on **Mondays** in **September**. No cooking, no clean up and great food for all! Each Monday this month, [Tacolicious](#) is donating **7.5% of all proceeds to Addison PTA**. [TACOLICIOUS](#) is a Cal-Mex, kid friendly restaurant in our neighborhood helping local schools better public education. Whether you dine-in or take-out, all sales go towards the donation. Plus they are now offering MF Chicken for pick-up from their kitchen too. Let's show our support for Tacolicious on Mondays this month at 632 Emerson Street.

NEW! September Project Cornerstone Book and Life Skill



This month, Project Cornerstone parent volunteers and teachers will be discussing the book, **Have You Filled a Bucket Today**, by Carol McCloud and the Life Skill, **Caring**, which includes how to feel and show concern for others.

You can view a reading of this book on YouTube: <https://youtu.be/p2r9pAd4bE8>

Birthday Book Club



Please join us on **Wednesday, September 12th for the first Birthday Book Club of the year**. If your student has a birthday in July, August, or September, please join us in the Addison Library between 1:15 and 1:45.

During monthly **Birthday Book Club (BBC) celebrations**, birthday students select a new book or an old favorite that has already been purchased by the library. This book is then dedicated to the student using a specially designed Birthday Book Club book plate and spine. Students check out

their birthday book and return it to the library when they are finished reading it so it can be enjoyed by others for years to come. Every child is welcome to participate during his or her birthday month (or any month following). Parents are welcome to come with their children to help them select their book. Please check the Addison website for the dates of all BBC events (<https://addison.pausd.org/about/calendar>). We look forward to seeing you and your children on Wednesday!

Sarah Gibbs, Sharon Hoffman, Jamie Merkel and Heike Runne
Birthday Book Club Coordinators

Noon Chorus on Wednesdays!



Remind your little rock stars and sweet singers that we are making musical magic at Noon Chorus every Wednesday in the music room at lunch recess!

Haz magia musical con grandes canciones y amigos divertidos. More info:

<http://addison.paloaltopta.org/wp-content/uploads/Noon-Chorus-flyer.pdf>

Take It Personally - Project Cornerstone's Engaging Workshop for Adults



Palo Alto Unified School District is offering a free educational series open to all parents and caregivers. **Take It Personally** will be hosted at Addison Library starting on Thursday, October 11th from 6:30 pm - 8:00 pm.

About Take It Personally: The six-week Take It Personally workshop will help participants learn how to build assets for youth while growing in your personal commitment to make a difference in the lives of young people. Today's children need you in their lives. You have much to offer young people. Chances are you already do many things that build assets and strengthen relationships with young people. However, this series will help point you in the direction of doing it so much more intentionally. You don't have to be an expert to build these assets. You just need to be someone who cares about kids and is willing to actively use moments in time to help them grow up healthy, caring, and responsible. For more **information** and to **register**, click [here](#).

Questions?

[Lakshmi Rao](#) (Social Emotional Representative on the Addison Elementary School PTA)

Community Announcements

NEW! Superintendent's Weekly Message

We will re-post Dr. Don Austin's Weekly communications here each week, in case you missed it on his previous Infinite Campus email to you. Click here for the message: <https://www.pausd.org/news>

NEW! IMPORTANT COMMUNITY NEWS: Measure Z Hosts a Night with Superintendent Austin

THIS COMING TUES SEPT 11, 7-9p; Address Provided in RSVP

Come meet Dr. Don Austin, PAUSD's new superintendent, and learn more about Measure Z, the \$460 million school improvement bond for PAUSD schools, that will be on the November ballot. Refreshments provided. RSVP:

<https://www.eventbrite.com/e/measure-z-hosts-superintendent-austin-tickets-49677340262> Or contact Susan Usman at susanlusman@gmail.com.

Stay tuned for information on a second event on October 4. Can't wait until September 11th? Details about Measure Z are available at Yes-On-Z.org.

Please make an effort to learn more about Measure Z and how you can help support our schools.

NEW! Sign up for Palo Alto High School's 2-day Weekend Glass Workshops

Sat & Sun. Sept. 15-16, Nov 10-11, Nov 24-25, Dec. 8-9 9-3 pm at Paly's Glass Studio. Palo Alto High School, 50 Embarcadero Road. PA

The workshop will focus on beginning glass blowing techniques. It's an incredible, fun, hands-on experience and it benefits the Paly Fiery Arts Program. Repeating students progress from their last session. Advanced Sign up required. Class limit is 4. Teens and adults. \$425 per person. Open to Paly and the public. Contact: David Camner, founder of the Paly Fiery Arts, dcamner@pausd.org

NEW! PALY Fiery Arts Fall Glass Sale - Glass Pumpkins, pears, cats and more!

Sep 21, Fri 3-6 pm, Sep 22, Sat 11-4 pm in front of the Palo Alto High School Art Bldg. between the Performing Arts Center and the Haymarket Theatre, Palo Alto High School, 50 Embarcadero Road. PA

Discover 800+ magical glass pumpkins, pears, fish, cats, birds, bowls, moose and more. Hand-blown art made by Paly instructors, alums and students. Glass Sales benefit the Fiery Arts program which creates opportunities for students to participate in an amazing sculpture curriculum. Come see the live demonstrations! Invite your family, friends, and neighbors! See you there.

www.facebook.com/PalyFieryArts.

<https://sites.google.com/site/palyglass/home/2017-fall-fiery-arts-glass-sale---september-15-16>

Contact: PalyFieryArts@gmail.com

NEW! Got a Burning Nutrition Question? We've Got a Local Expert!

Wed, Sep 26, 6:30-8:00pm, SDC Room, District Office, 25 Churchill Ave, Palo Alto
Bring your burning questions to an evening with Professor Christopher Gardner, Ph.D, of Stanford Medicine's Stanford Prevention Research Center. Low carb? Low fat? Fake meat? Non-Dairy Milks? Omega 3 supplements? Organic? The microbiome? Professor Gardner will be taking any and all questions on nutrition in a free form Q&A format.

Professor Chris Gardner, Ph.D has been involved in nutritional research for the past 20 years, focusing mainly on investigating the potential health benefits of various dietary components or food patterns. His research has also included non-health related approaches to improving diet, like the connections between food and climate change and children's education, and improving institutional food, such as food served in universities, schools, hospitals and worksites. Parents may bring their children. Sponsored by PTAC Health and Wellness Committee

NEW! Society of Bookworms @ CH

Wed, Sep 19, 4:00-5:00PM, Children's Library, 1276 Harriet St.

Discuss a great book with your friends at the Children's Library! The book will be announced at least one month in advance. Registration Desired. Grades 4-6 only.

NEW! Bike Palo Alto Event Needs Cargo Bike Volunteers

Sun Sept 30 1-3p Fairmeadow Elementary School, 500 E. Meadow Drive

Calling all cargo bike riders! Do you have a cool bike that you use to carry your kids, pets, or cargo around town? If so, Bike Palo Alto would love to feature you and your bike in this year's event. This year, Bike Palo Alto is adding a cargo bike expo so that community members can see a variety of cargo bike options in person, ask the owners questions about them, and take them for test rides. If you have a cargo bike and would like to volunteer to participate in the expo, please email Rebecca

Navarro, rnavarro@pausd.org, and be sure to include your name and the make / model of your cargo bike. For more information, visit bikepaloalto.org.

NEW! Know a Child Who Loves to Sing?

Music classes for grades K-4 begin Sept 10 through Dec; in late afternoons

Cantabile is a community-based children's chorus serving the greater Silicon Valley area, striving to bring the highest quality musical education in a choral setting to young singers. Our innovative curriculum builds a foundation in choral musicianship, music literacy and appreciation in a fun and community focused setting. Our after-school rehearsals feature a wide range of musical activities, including singing, movement, improvisation, instrumental activities, and musicianship. Singers in grades K-4 may register for a class today at cantabile.org. Come sing with us, as we embark upon our

exciting 2018 fall semester! To learn more about our chorus levels and our upcoming semester, please contact us: info@cantabile.org | 650.424.1410

2 hour Kidpower Safety Workshop for 5-8 year-olds with their adults

Sat, Sep 22 1:30-3:30pm, , PACCC Ventura Activity Center, 3990 Ventura Ct Palo Alto
Protect your child from harm and practice skills for safety and for building better relationships, such as boundary-setting, awareness, and effective help-seeking. Visit the registration page at <http://events.r20.constantcontact.com/register/event?oeidk=a07eflztlbj64d7bd40&llr=cthyjxbab> or call (800) 467-6997 ext. 0# or email safety@kidpower.org for information. Classes fill up quickly, so let us know right away if you're interested!

LEAD: Building Community Through Service (3 rd - 5th Grade)

Thurs. Oct 11-Nov 8 4:30-5:30 pm

LEAD is a new program presented by Youth Community Service (YCS) and the Palo Alto Family YMCA. LEAD introduces elementary school student to the world of service learning in partnership with a group of dedicated high school mentors. Your student will build a positive connection with an older youth mentor and feel a sense of pride in their ability to make a difference. This program utilized the Developmental Asset framework. To register email Ashley Yee-Mazawa Ashley@youthcommunityservice.org

Palo Alto Stanford Aquatics (PASA)

Do you love swimming, but aren't sure you are ready for a full commitment to competitive training? Do you love swimming, but have to balance it with other activities? Palo Alto Stanford Aquatics (PASA) has a group at Rinconada pool that may be just for you. The group works on stroke technique, develops fitness, and is a lot of fun and laughs! The Non-Competitive group runs Monday, Wednesday, and Friday from 3:30-4:15 pm. The schedule is flexible so if you need to come a little late or leave a little early, or miss a day of practice because of schedule conflicts -- that's ok. The goal is to swim and have fun! https://www.teamunify.com/TabGeneric.jsp?_tabid=209674&team=pspasc

After-school French classes at Encinal School in Menlo Park

French Education in the Bay Area (EFBA) will offer after-school classes in French at Encinal School in Menlo Park (just 2 miles north on Middlefield) for the 2018-19 school year, beginning in September 19 and ending in mid-May. Classes are offered for both French beginners/English speakers ("Anglophones") and French native speakers ("Francophones"). EFBA is an accredited French language program that makes language learning fun and interesting for kids. Beginner classes will be held from 3:30 to 5:00 Tuesdays and Fridays, and classes for French speakers on 3:30 to 5:00 Mondays and Wednesdays. Supervised playtime is offered between the end of school and the beginning of class. For more information and registration go to the EFBA website:

<https://efba.us/> Questions? E-mail menlopark@efba.us.

Volunteer on Coastal Cleanup Day: Community Service Opportunity

Sat Sept 15, 9am-12pm. Baylands (Matadero or Adobe Creek)

The City of Palo Alto is hosting two Cleanup sites (Matadero: site 16 and Adobe: site 17) to clean up litter in the Baylands. Please go to www.cleanacreek.org to sign up and be sure to bring your waivers. Three hours of community service will be available.

FREE Mindful Moms Intro Class with Krassi Harwell

Tues Sep 11, 12-1:30pm 67 Encina Ave, Palo Alto, CA

Come try this intro class for FREE and join our community of wise and caring moms as we navigate the rich and rewarding journey of raising kids into adults. We'll practice yoga, meditate, and tap into the healing power of togetherness as we share stories, strength and support. For moms who have kids of all ages - particularly toddlers thru teens! Be wise - build your support network as you navigate motherhood. Registration is required. More Info: <http://mindbodymoms.com/moms-groups/> Register: <http://mindbodymoms.com/free-introductory-classes/>

FREE Women's Wellness Intro Class: A Taste of the Season with Jalene Salus

Fri Sep 28 10am-12pm St. Mark's, 600 Colorado Ave, Palo Alto, CA

In this FREE class, Jalene Salus will offer an introductory taste of Integrative Nutrition as she shows you some sweet and simple ways to nourish your mind, body and spirit.

Enjoy a little taste of some seasonal spring bites while you discuss foods to support your unique body - and your family. Jalene will show you how aligning your self-care with the rhythm of the season can guide you on your path of women's wellness as she engages you in fulfilling dialogue with other thoughtful, wise women. Registration is required for this FREE workshop as space is limited! More

Info: <http://mindbodymoms.com/wellness-groups>

Register: <http://mindbodymoms.com/schedule/>

Family Yoga every Saturday 10:30am at Blossoms NEW LOCATION ON CAL AVE

Saturdays 10:30-11:30am, Blossom Birth, 290 California Ave, Palo Alto, CA

Family Yoga at Blossom is perfect for moms, dads or grandparents and their toddlers or preschool kids. Enjoy vitalizing yoga, playful meditation and singing as a sweet way to connect with your child. Have two or more? Bring them all, children join for free. Make this a joyful weekend family routine or just drop-in whenever you need some vitalizing movement. Blossom Birth Services is a 501 c(3) community based nonprofit organization <https://www.blossombirth.org/mom--toddler.html>

Rock Your World w/ Chemistry

Sundays: Sep 23 - Nov25, 12-1:30PM, Mitchell Park Library, 3700 Middlefield Road
Join us if you are interested in nature and General Chemistry. Meet new friends while you learn new things. Snacks provided. Register on PAEL website. Grades 5-8.

New Cooking Class for kids offered at the Lucie Stern Community Center

Tues, Sept 11 - Nov 27, 3:15-4:45pm at the Lucie Stern Community Center (Fireside Room and Kitchen)

Cooking Round the World is a new class offered for kids 8-12y through the City of Palo Alto Recreation program. It is a wonderful opportunity for children to explore the world through food (cooking it and eating it). Classes will be held at the Lucie Stern Fireside Room and Kitchen on Tuesday afternoons in the fall. Note: Cooking Round the World is a completely nut-free program. Registration is open and the course number is 13138. To register go to <https://www.cityofpaloalto.org/gov/depts/csd/enjoy/default.asp>

Cardinal Kids Day 2018 is Saturday, September 15th @ 11am

Join Stanford Football for a full day of family fun at Stanford Stadium! Tickets are \$20 per adult, which includes up to 4 free youth tickets. For more information, visit <http://www.gostanford.com/cardinalkidsday>. To purchase tickets, enter promo code STANFORD:ADDISON at gostanford.com/promo-code

Girl Code: Rising Together

Sun, Sept.16, 6-7.30PM, Performing Arts Center, Menlo Atherton High School

Five amazing women describe their paths to leadership. For students and parents.

Speakers are Olympic runner Kim Conley; Steeplechase champ Stephanie Garcia; Engineer and Miss CEO founder Nita Singh Kaushal; Activist, filmmaker, and educator Ana Angel Avendaño; Singer, performer, teacher Molly Bell. Free; Registration is required at <https://www.eventbrite.com/e/girl-code-rising-together-tickets-48628417907>. Nonprofit supporting sponsor: Stand Up Eight Foundation

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Weekly Newsletter Sponsored by Addison PTA



Try it FREE today.

