



# Addison eAdvisor

**Sept 16, 2018**

## Calendar: Upcoming Addison Events

- Wed, Sept 19                                **Site Council Meeting, Library, 3:00pm**
- Wed, Sept 19                                **Neighborhood Construction Update, Library, 5:30-6:30pm**
- Mon, Sept 24-Fri, Sept 28                **Addison Book Fair**
- Tues, Sept 25                                **PTA Meeting, Library, 6:30pm**
- Fri, Sept 28                                 **Hoedown, 5pm**

[Addison Google Calendar](#)

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### Want to Publish an Article?

Want to publish an article or event in the Addison newsletter? Send articles to the [Addison eAdvisor](#) by **4pm on Tuesday** for publication on Sunday.

**Editor of the Week:**  
Anita Fiedel

[Join Our Mailing List!](#)

### Quick Links

- [Online Directory](#)
- [Addison School Website](#)
- [Addison PTA Website](#)

## NEW! Principal 's Message



Dear Addison Families,

Thanks to everyone who attended the **Principal's Coffee** this past Friday; we had approximately 40 parents representing K-5 families so it was great to connect and hear your thoughts. The highlights of our conversation included a discussion regarding the proposed construction at 980 Middlefield (old funeral home), our current construction project, how the construction is impacting day-to-day operations, traffic/ safety/ parking, and field trip funds. Along with the Principal Coffees, I'm always available to hear your thoughts and questions regarding school so feel free to email me or stop me on campus before or after school.

Many exciting programs have begun in the past couple weeks including **Dance in Schools for Kindergarten-2nd** grade thanks to a partnership with **Palo Alto Children's Theater**. Also, our 5th grade **Age of Sail** overnight field trips are starting this week in San Francisco. Noon activities are in full swing including **Playworks** games, noon chorus, teaching students the **Hoedown Dance** in preparation for the event on September 28th, the introduction of big blue building blocks, and the return of **Noon Yoga** for 4th and 5th graders (see below). Our new playground space is being utilized well and it's exciting to observe the various opportunities for activities and play!

Our next **School Site Council (SSC)** Meeting is this Wednesday @ 3pm in the Library. The agenda can be found by clicking on the event on the Addison Website Calendar or checking the SSC shadow box outside the Library. After SSC, there is a **Neighborhood**

[Report Your Student's Absence](#)

[Palo Alto Council of PTAs](#)

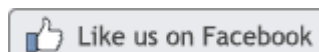
[PAUSD](#)

[PTA en Espanol](#)

[Lunch Menus](#)

**Principal:**  
[Amanda Boyce](#)

**PTA President:**  
[JC Renners](#)

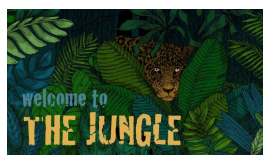


**Community Construction Update** meeting in the Library from 5:30-6:30pm. This meeting was originally intended for the larger neighborhood community to specifically update neighbors that don't receive communication from Addison School. However, all are welcome to join and we will be sharing construction updates and project milestones and taking time for comments and questions.

Have a great week!

Fondly,  
[Amanda Boyce](#)  
Addison Principal

### Addison Auction - Welcome to the Jungle!



October may seem like a long way off - but in the blink of an eye the Addison Community will be navigating our way through the treacherous jungle of Palo Alto for the event of the year - **THE ADDISON AUCTION!**

This year's event is taking place on Saturday, October 20th. More information is available on the [Auction page](#) of the PTA website and **tickets** can be purchased [here](#).

The Addison Auction Team also needs your help funding our jungle exploration with **donations**. Suggested items include *gift cards, event/sporting tickets, unique experiences, stays at vacation homes, special wines & spirits, or add your own personal touch and create a gift basket*. And if you are interested in hosting a party - we'll take you on the next jungle cruise with us! **Donations** can be made through the [Auction Donation Form](#) or contact the committee at [addisonauction@gmail.com](mailto:addisonauction@gmail.com).

### New! Addison Book Fair



**The Addison Book Fair is here on September 24th!** This year we are enjoying a **POP-UP BOOKSTORE in the Addison Library**. Get ready to browse a fantastic selection of books including teacher recommendations and award winners!

Help grow your children's classroom libraries - purchase books from teacher wish list baskets!

We are also open for Book Fair Family Night at the Hoedown!

It takes a village! We need your help to make it happen. Please have a look at our [Book Fair Volunteer Sign-Up](#) sheet, and sign up for shifts - just one or more than one if your schedule permits! We need volunteers to assist students, work the floor, and to operate cash registers. No matter how much time you can give, your support is truly appreciated!

### Open Hours

Monday, September 24, 9:00 am - 4:00 pm  
Tuesday, September 25, 8:00 am - 4:00 pm  
Wednesday, September 26, 8:00 am - 3:00 pm  
Thursday, September 27, 8:00 am - 4:00 pm  
Friday, September 28, 8:00 am - 8:00pm during the Hoedown!

## The Book Fair Team

**New! Little Free Addison Library**

Maybe you have notice a little box outside the library in the library garden? It is our new LITTLE FREE LIBRARY! Last year our 5th grade Addison Library Volunteers donated the LITTLE FREE LIBRARY to our school. How does it work? It is a free library, so you can borrow a book, return a book or donate a book. Next time you are in the Library Garden, check it out!

Ms Ohanian  
Addison Teacher Librarian

**New! Noon Yoga**

**Calling all 4th and 5th graders for noon yoga on Monday at lunch!** Kathryn Kirby, 5th grade parent who works in the health and fitness industry, will be teaching yoga in room 16. Yoga is a great tool to ease anxiety, bring calm to "busy" bodies' and teaching breathing skills through fun movement.

Bring your mat, a water bottle, and be ready to relax and move with friends- all set to the music you love! If you don't have a yoga mat, a thick towel or blanket will be fine. Namaste!

**Eat at Tacolicious in September and Help the PTA Raise Money for Addison**

Everybody wins on **Mondays** in **September**. No cooking, no clean up and great food for all! Each Monday this month, [Tacolicious](#) is donating **7.5% of all proceeds to Addison PTA**. [TACOLICIOUS](#) is a Cal-Mex, kid friendly restaurant in our neighborhood helping local schools better public education. Whether you dine-in or take-out, all sales go towards the donation. Plus they are now offering MF Chicken for pick-up from their

kitchen too. Let's show our support for Tacolicious on Mondays this month at 632 Emerson Street.

**Community Announcements****NEW! Superintendent's Weekly Message**

We will re-post Dr. Don Austin's Weekly communications here each week, in case you missed it on his previous Infinite Campus email to you. Click here for the message: <https://www.pausd.org/news>

**NEW! Stanford University Seeking Research Subjects**

Join the Girl BAND Study (Girl Behavior and NeuroDevelopment)! Researchers at Stanford University are looking for girls ages 6-14 with developmental disabilities or typical development to participate in a study exploring brain development in relation to behavior, cognition, and mood in girls. Participation involves a comprehensive cognitive and behavioral evaluation and MRI/NIRS scans (safe, non-invasive, no x-ray/radiation). Potential benefits include evaluation reports, annual follow-up, results of the study, and a \$100 honorarium for participation. For more info [girlbandstudy@stanford.edu](mailto:girlbandstudy@stanford.edu) or (650) 724-2951.

**NEW! Let's Talk: Parent Spec Ed Support Group with Special Education Local Plan Area**

*Mon Sep 17, 10a -12p Cafe Tables in front of Whole Foods, Los Altos on El Camino*

This is a great opportunity to connect with other parents who can relate to the joys and challenges of raising kids with differences. This is a chance to ask questions and share ideas, resources, and support with other parents of students with IEPs, 504s, learning

differences, mental health challenges, etc. All are welcome, participants must respect confidentiality. Monthly event organized by SELPA (Special Education Local Plan Area)1 CAC, details here: <https://tinyurl.com/selpa1talk>

### **NEW! FREE Women's Wellness Intro Class: A Taste of the Season with Jalene Salus**

*Fri Sep 28 10am-12pm St. Mark's, 600 Colorado Ave, Palo Alto, CA*

In this FREE class, Jalene Salus will offer an introductory taste of Integrative Nutrition as she shows you some sweet and simple ways to nourish your mind, body and spirit. Enjoy a little taste of some seasonal spring bites while you discuss foods to support your unique body - and your family. Jalene will show you how aligning your self-care with the rhythm of the season can guide you on your path of women's wellness as she engages you in fulfilling dialogue with other thoughtful, wise women. Registration is required for this FREE workshop as space is limited! More

Info: <http://mindbodymoms.com/wellness-groups> Register: <http://mindbodymoms.com/schedule/>

### **NEW! Palo Alto City Council Candidates Forum sponsored by Palo Alto Neighborhoods**

*Thurs Oct 4 7-9p doors open 6:45p Council Chambers 250 Hamilton Ave Palo Alto*  
Join PAN for an evening of questions to the 5 candidates running for City Council.

Traffic, Housing, Budget and more will be discussed. Fill out your questions in advance by 9/18 at [www.paneighborhoods.org](http://www.paneighborhoods.org).

### **PALY Fiery Arts Fall Glass Sale - Glass Pumpkins, pears, cats and more!**

*Sep 21, Fri 3-6 pm, Sep 22, Sat 11-4 pm in front of the Palo Alto High School Art Bldg. between the Performing Arts Center and the Haymarket Theatre, Palo Alto High School, 50 Embarcadero Road. PA*

Discover 800+ magical glass pumpkins, pears, fish, cats, birds, bowls, moose and more. Hand-blown art made by Paly instructors, alums and students. Glass Sales benefit the Fiery Arts program which creates opportunities for students to participate in an amazing sculpture curriculum. Come see the live demonstrations! Invite your family, friends, and neighbors! See you there.

[www.facebook.com/PalyFieryArts](http://www.facebook.com/PalyFieryArts).

<https://sites.google.com/site/palyglass/home/2017-fall-fiery-arts-glass-sale---september-15-16>

Contact: [PalyFieryArts@gmail.com](mailto:PalyFieryArts@gmail.com)

### **Got a Burning Nutrition Question? We've Got a Local Expert!**

Wed, Sep 26, 6:30-8:00pm, SDC Room, District Office, 25 Churchill Ave, Palo Alto  
Bring your burning questions to an evening with Professor Christopher Gardner, Ph.D, of Stanford Medicine's Stanford Prevention Research Center. Low carb? Low fat? Fake meat? Non-Dairy Milks? Omega 3 supplements? Organic? The microbiome? Professor Gardner will be taking any and all questions on nutrition in a free form Q&A format.

Professor Chris Gardner, Ph.D has been involved in nutritional research for the past 20 years, focusing mainly on investigating the potential health benefits of various dietary components or food patterns. His research has also included non-health related approaches to improving diet, like the connections between food and climate change and children's education, and improving institutional food, such as food served in universities, schools, hospitals and worksites. Parents may bring their children. Sponsored by PTAC Health and Wellness Committee

### **Society of Bookworms @ CH**

*Wed, Sep 19, 4:00-5:00PM, Children's Library, 1276 Harriet St.*

Discuss a great book with your friends at the Children's Library! The book will be announced at least one month in advance. Registration Desired. Grades 4-6 only.

### **Bike Palo Alto Event Needs Cargo Bike Volunteers**

*Sun Sept 30 1-3p Fairmeadow Elementary School, 500 E. Meadow Drive*

Calling all cargo bike riders! Do you have a cool bike that you use to carry your kids, pets, or cargo around town? If so, Bike Palo Alto would love to feature you and your

bike in this year's event. This year, Bike Palo Alto is adding a cargo bike expo so that community members can see a variety of cargo bike options in person, ask the owners questions about them, and take them for test rides. If you have a cargo bike and would like to volunteer to participate in the expo, please email Rebecca Navarro, [rnavarro@pausd.org](mailto:rnavarro@pausd.org), and be sure to include your name and the make / model of your cargo bike. For more information, visit [bikepaloalto.org](http://bikepaloalto.org).

### **Know a Child Who Loves to Sing?**

*Music classes for grades K-4 began Sept 10 through Dec; in late afternoons*

Cantabile is a community-based children's chorus serving the greater Silicon Valley area, striving to bring the highest quality musical education in a choral setting to young singers. Our innovative curriculum builds a foundation in choral musicianship, music literacy and appreciation in a fun and community focused setting. Our after-school rehearsals feature a wide range of musical activities, including singing, movement, improvisation, instrumental activities, and musicianship. Singers in grades K-4 may register for a class today at [cantabile.org](http://cantabile.org). Come sing with us, as we embark upon our exciting 2018 fall semester! To learn more about our chorus levels and our upcoming semester, please contact us: [info@cantabile.org](mailto:info@cantabile.org) | 650.424.1410

### **2 hour Kidpower Safety Workshop for 5-8 year-olds with their adults**

*Sat, Sep 22 1:30-3:30pm, , PACCC Ventura Activity Center, 3990 Ventura Ct Palo Alto*

Protect your child from harm and practice skills for safety and for building better relationships, such as boundary-setting, awareness, and effective help-seeking. Visit the registration page at <http://events.r20.constantcontact.com/register/event?oeidk=a07eflztlbg64d7bd40&llr=cthyjxbab> or call (800) 467-6997 ext. 0# or email [safety@kidpower.org](mailto:safety@kidpower.org) for information. Classes fill up quickly, so let us know right away if you're interested!

### **LEAD: Building Community Through Service (3 rd - 5th Grade)**

*Thurs. Oct 11-Nov 8 4:30-5:30 pm*

LEAD is a new program presented by Youth Community Service (YCS) and the Palo Alto Family YMCA. LEAD introduces elementary school student to the world of service learning in partnership with a group of dedicated high school mentors. Your student will build a positive connection with an older youth mentor and feel a sense of pride in their ability to make a difference. This program utilized the Developmental Asset framework. To register email Ashley Yee-Mazawa [Ashley@youthcommunityservice.org](mailto:Ashley@youthcommunityservice.org).

### **FREE Women's Wellness Intro Class: A Taste of the Season with Jalene Salus**

*Fri Sep 28 10am-12pm St. Mark's, 600 Colorado Ave, Palo Alto, CA*

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Register: <http://mindbodymoms.com/schedule/>

### **Family Yoga every Saturday 10:30am at Blossoms NEW LOCATION ON CAL AVE**

*Saturdays 10:30-11:30am, Blossom Birth, 290 California Ave, Palo Alto, CA*

Family Yoga at Blossom is perfect for moms, dads or grandparents and their toddlers or preschool kids. Enjoy vitalizing yoga, playful meditation and singing as a sweet way to connect with your child. Have two or more? Bring them all, children join for free. Make this a joyful weekend family routine or just drop-in whenever you need some vitalizing movement. Blossom Birth Services is a 501 c(3) community based nonprofit organization <https://www.blossombirth.org/mom--toddler.html>

### **Rock Your World w/ Chemistry**

Sundays: Sep 23 - Nov25, 12-1:30PM, Mitchell Park Library, 3700 Middlefield Road

Join us if you are interested in nature and General Chemistry. Meet new friends while you learn new things. Snacks provided. Register on PACL website. Grades 5-8.

Addison Elementary School, Phone: 650-322-5935

Weekly Newsletter Sponsored by Addison PTA



Addison Elementary School | 650 Addison Avenue | Palo Alto | CA | 94301